

Throughout the growing season, a share includes the following:

- cucumbers
- potatoes
- carrots
- zucchini
- herbs
- onions
- winter squash
- sweet corn
- green beans
- snap peas
- tomatoes
- beets
- radishes
- peppers
- greens
- broccoli
- lettuce
- cabbage
- eggplant
- Burrville cider
- surprise items such as flowers, pumpkins & recipes



**Distribution Point for the CSA is
Cornell University Cooperative
Extension of Jefferson County:
203 N. Hamilton Street, Watertown**

**Reminder: No CSA pick-up or Farmers'
Market on Labor Day (Sept 1)**

For more information contact:

Delta Keeney- Manager

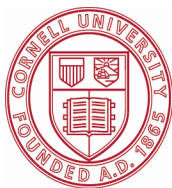
Phone: (315) 788-1933

or

Rosalind Cook, Cornell Cooperative
Extension Educator

Phone: (315) 788-8450 ext 268

In collaboration with:



Cornell University
Cooperative Extension
Jefferson County

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability. (Not all prohibited bases apply to all programs.)

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Miracles By The Acre

A Community Supported
Agriculture (CSA) Project



Why join a CSA?

- **Enjoy food that is thousands of miles fresher**
- **Grown by a local farmer you know and trust**
- **Support the local economy**

Community Supported Agriculture (CSA) is:

An opportunity for you to have fresh produce through the growing season while supporting your local small farmers. As a bonus, you get to taste new vegetables while “eating with the season.”

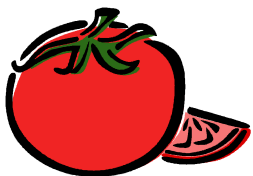
Community Supported Agriculture is an arrangement between a farmer and local consumers to share the risks and bounty of the growing season. A CSA farm sells shares before each growing season begins and then provides a weekly bag of freshly harvested food for their shareholders throughout the season.

Six local family owned farms support the effort of this CSA. You are encouraged to visit the farms and talk to the farmers whenever you have questions.

How much is it?

Each share is \$195.00. This is a cost of \$15.00 per week for the 13 weeks of the project.

Half shares are available for \$100.00.



Order Form

Name: _____

Address _____

Phone: _____

Email: _____

I have enclosed my check or money order for \$_____ (\$195.00 per share or \$100 per 1/2 share)

Checks should be made out to: 'Miracles By the Acres'

Mail your order to :

Delta Keeney
17025 County Route 68
Watertown NY 13601
(315) 788-1933

Interested in canning and buying larger quantities of certain items?

Please list those items: _____

Community Outreach:

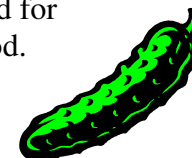
We actively support our local senior citizen housing sites by delivering garden shares to their doorsteps. We are always looking for support from churches and other community organizations. If you are interested in helping to fund a senior share, all contributions, large or small, are always appreciated.

Dates and Hours:

This year's program begins on July 7, 2008 and continues until October 6. Shares are to be picked up on Mondays between 3:00-6:00pm at the distribution site located in front of Cornell Cooperative Extension.

Food Statistics:

Food, on average, travels 1,500 miles to get to your plate. By purchasing food locally, you are saving transportation costs and eating fresher food. One of the main reasons that food costs are rising is the high price of fuel used for growing and trucking food.



Other Opportunities:

Are you interested in making pickles, salsa, preserving or canning fruits and vegetables for the winter months?

Maybe you are planning a special event such as a family reunion or picnic?

If you need vegetables, herbs or flowers call Delta and she will contact you about how to make arrangements for a special delivery from one of the CSA farmers.